

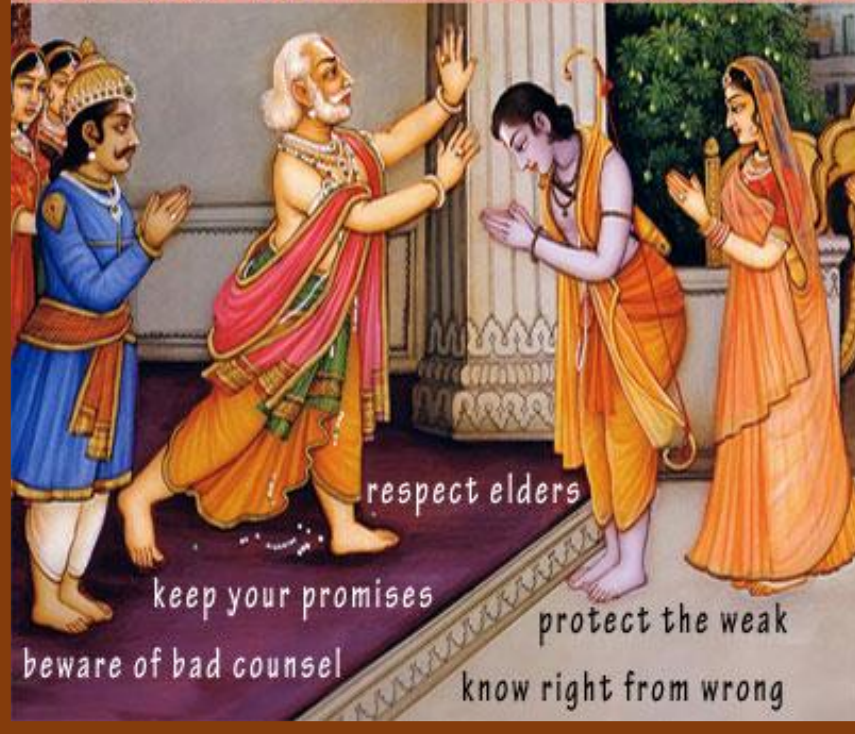


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Teaching Values through Ramayana



Ram Navami Celebrations (Avoca and Phoenix) 16th April

Hosted in conjunction with the Phoenix Arya Samaj, celebrations were aplenty at the Avoca Cultural Society. The program was filled with discourses, bhajans, recitals and valuable insight into the Ramayana Shlokas. The event truly spread the message of Shri Ram and the values which we all need to inculcate.



Members performing the havan led by Dr Rambilass



Children singing melodious songs for the audience



Dr Rambilass explaining the different Ram Shlokas to the audience



Swami Maitreyi discourse on Ram Navami

Ram Naumi Celebration (Yuvak Arya Samaj Clairwood) 13th April

Yuvak Arya Samaj Clairwood hosted its yearly Ram Navami with full festivity. The program included havan, harmonious bhajans and an insightful discourse by Swamiji. All members enjoyed themselves and left the venue feeling much more spiritually uplifted!!



Members of the community performing havan led by Pundita Beni Madho



Beautiful Bhajans being rendered for all to enjoy



Vaidik Dharam Ki Jay being sung by members



Swami Vedanand Saraswati giving the main address on Ram Navami

Ram Naumi and Arya Samaj Founders Day (Pietermaritzburg)

7th April

The Plessislaer Arya Samaj (Pietermaritzburg) in conjunction with the Arya Pratinidhi Sabha hosted a memorable Ram Naumi and Founders Day function. The event was celebrated with melodious bhajans, brilliant speeches and a fun filled theatrical plays. The event truly ensured that the history of the Arya Samaj is not to be forgotten!!



Prayers conducted by Pundit. K. Satgoor in preparation for flag hoisting



Theatrical play performed by the members of the Samaj



All in attendance enjoying the event at Plessislaer Arya Samaj



Swami Maitreyi and Swami Vedanand receiving tokens of appreciation

Teenage Depression and Substance Abuse: You are not alone

17th March

The Arya Samaj Women's Forum hosted its inaugural function and a brilliant one at that. Realising the key issues affecting our youth today the women's forum decided to tackle the issue head on by raising awareness of the hidden yet silent killers of depression and substance abuse. All in attendance will surely agree that the program was well structured and full of valuable information. The key message for all to remember "You are not alone."



Women Power in full display!! The members of the organising committee



Audience fully engaged and part of the interactive session



Women rock band playing music for the crowd



Dr Serela Ramklass presenting a gift of thanks to the police constable

KZN Disaster Relief Efforts

*A mission spearheaded by long standing member Anesh Ramklass together with other members, rose to the call for help to all those affected by the disastrous flood that affected KZN region. Numerous communities were in need of help and the contribution of blankets and food were a small contribution in bringing back dignity to those affected lives. The Lorient Satsang Sabha also provided lunch at the Isipingo Transit Camp. We at the Samaj pray for the well-being of all mankind especially on occasions like this. It was clear to see a unified community assisting each other as fellow human beings. A **Big Thank You** to all those that played a role in this relief effort.*



Distribution of blankets to the different districts



Events to Look Forward to in the Upcoming Months:

- *Havan at Sunnyside Homes will be held on 14th May 2019 by the Midlands Region*
- *Fund Raising dinner hosted by Plessislaer Arya Samaj on 18th May 2019*
- *The Annual General Meeting will be held on 26th May 2019 at the Westville Hindu Primary School*
- *Maha Yajna (HVP Umhlanga) will be held on the 2nd June at the Shree Emperumal Temple Ground*
- *Youth and Yoga Day will be held on the 16th June 2019 (Details still to follow)*
- *Isipingo Maha Yajna will be held on the 23rd June 2019 at the Isipingo Arya Samaj*

P.S - We urge all affiliates who wish to showcase an important event within the past two months in the Samaj Samachar, to please send the details and pictures (with the necessary taglines) via email so that the Arya Samaj community is aware of the projects or functions that are hosted by your Samaj. The Samachar is issued digitally every two months (bi-monthly) so do ensure that all details are sent timeously should your affiliate wish to be featured.